



# About Us

Part of Sinai Health, Bridgepoint Active Healthcare is an internationally recognized rehabilitation and complex care hospital affiliated with the **University of Toronto**. We are the single-largest organization in Canada to focus exclusively on complex health conditions through inclusive care focused on patients' humanity, innovative research discoveries and teaching. Our clinical areas of focus include inpatient and outpatient rehabilitation, palliative care, dialysis and specialized complex care. Bridgepoint holds **Exemplary Standing from Accreditation Canada** and our stroke program has twice achieved **Stroke Distinction** status. Our care is supported by fundamental research done at the **Lunenfeld-Tanenbaum Research Institute**, a leading biomedical research centre, ranking amongst the top biomedical research institutes in the world and the **Bridgepoint Collaboratory for Research and Innovation's** research in health systems, population health services and solutions, and systems biology. Many of the breakthroughs that began as fundamental research have resulted in new and better ways to prevent, diagnose and treat health conditions. We are also proud to be recognized as a **top employer in Canada**, and we strive to offer meaningful people-focused, culture-centred programs.



**19,611**  
Outpatient visits/year




**511,112**  
Meals prepared annually



**375**  
Rehab sessions in the pool/year



**1,164**  
Employees




**300**  
Volunteers



**446**  
Beds in service




**First-ever**  
purpose-built hospital for complex patients



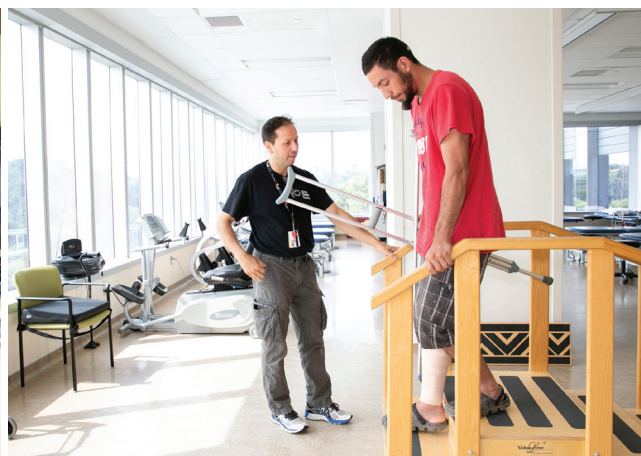
**18**  
Design awards



**11**  
Average disciplines per care team



**982**  
Learners/year



# Sinai Health's Focused Areas of Care

## REHAB/COMPLEX CONTINUING CARE

Sinai Health's three fully-integrated rehabilitative care programs focus on neurological, musculoskeletal and medical rehabilitation, optimizing patient functional outcomes, independence, health and well-being. Patients at Bridgepoint Active Healthcare benefit from an inter-professional plan of care that combines and coordinates medical, nursing and health disciplines to optimize outcomes. Our complex care program offers support for patients with complex health needs, focusing on quality of life, as well as weaving in care and advice from our palliative experts when needed. Our areas of focus include: severe neurological illness, advanced renal disease and advanced medical conditions.

## SURGERY AND ONCOLOGY

At Sinai Health, we are the third-largest cancer surgery centre in Toronto, specializing in treatment of breast, urologic, sarcoma, head and neck and gastrointestinal cancers. Through the Zane Cohen Centre for Digestive Diseases, a team of gastroenterologists, surgeons, psychiatrists, pathologists and radiologists and their research staff are leading new research in areas such as inflammatory bowel disease (IBD), gastrointestinal cancers, and genetic aspects of IBD into one common facility. And our complex joint surgery and musculoskeletal experts perform more than 700 surgeries per year through the Granovsky Gluskin Division of Orthopaedics.

## URGENT AND CRITICAL CARE

Sinai Health's Schwartz/Reisman Emergency Centre serves more than 60,000 patients a year and is considered a provincial leader in emergency access and flow, as well as in education and research through the Schwartz/Reisman Emergency Medicine Institute. Urgent and Critical Care is also home to our Diabetes program with over 20,000 patient visits a year, our Geriatrics program — a national leader informing policy and supporting other health care institutions in the care of older adults, and palliative care, a system-wide priority program combining inpatient services across both our hospital locations and home-based palliative services through one of the Canada's first, and now largest, palliative home care networks in Canada.

## WOMEN'S AND INFANTS'

As one of the largest perinatal centres in North America, Mount Sinai is home to a number of programs designed with healthy beginnings in mind. Not only do we deliver more than 7,000 babies per year, our renowned high-risk pregnancy program treats some of the most complicated pregnancies in Canada, and houses the largest Neonatal Intensive Care Unit in the Greater Toronto Area. We are also home to the Rogers Hixon Ontario Human Milk Bank, the only milk bank in Ontario that collects, processes and dispenses donated breast milk to premature babies across the province. The Ontario Fetal Centre, a partnership between Mount Sinai Hospital and The Hospital for Sick Children, is the first centre of its kind in Canada, and one of only a few centres worldwide to offer a comprehensive range of fetal therapy.