The Bridgepoint Chair in Complex Chronic Disease Research was the world’s first research chair in this area. As the leader of the only research enterprise in Canada – and one of only a few internationally – to focus 100% on complexity, the chair leads this groundbreaking research mandate.

Founded in 2009 in partnership with the University of Toronto, Faculty of Medicine, our endowed research chair establishes Bridgepoint’s research agenda. By investing in our research chair, you are investing in:

- **Recruiting and training** innovative, emerging scientists and post-doctoral fellows who are specifically focused on solving tomorrow’s healthcare challenges today;
- **Building an international network** of researchers who are developing and applying pioneering knowledge in this field; and
- **Testing and implementing solutions** that directly address the new reality of living with multiple health conditions – at the individual and system level.

Our solution

Bridgepoint’s research is about making complexity simple: it brings together all the elements needed to treat complex patients in one place, with one care plan. We call this “active healthcare.” To achieve our vision for healthcare transformation, it’s critical that we:

- **Lead research** required to build best evidence to treat complex patients appropriately.
- **Train and educate** the next generation of healthcare professionals so that clinicians are properly equipped to treat this growing population.
- **Connect all parts of the healthcare system** – including with the Ministry of Health and Long-Term Care, Local Health Integration Networks (LHINs), Health Links, and other system partners – to change how we treat complex patients and help them live better.

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• Share and translate knowledge internationally, to share our learnings with other healthcare providers around the world.

Delivering results
Our research is changing the direction of healthcare. Under the expert leadership of our Bridgepoint Chair in Complex Chronic Disease, we are blazing the trail to a sustainable, high-performing future for our healthcare system – one that enables the ever-increasing population of people living with multiple health conditions to live better.

Our pioneering research is building evidence and establishing care models that are projected to result in:
• a 10% cost decrease by providing integrated care for complex patients;
• $150 million in savings at Bridgepoint alone;
• $4–6 billion in savings if our model was adopted across Ontario.

Our future is your future
You can be almost certain that you or a family member will benefit from our research in your lifetime. We need your support to continue pioneering solutions. By investing in our research, you are investing in a future in which you, your family members and your friends can live better.

To learn more about our research, visit www.bridgepointlivebetter.ca/research, email research@bridgepointthehealth.ca or call 416.461.8252 x2977

To donate to support our research, contact the Bridgepoint Foundation at 416.461.8252 x2057

About the Bridgepoint Collaboratory for Research & Innovation
Part of Bridgepoint Active Healthcare, the Bridgepoint Collaboratory for Research and Innovation is an engine of transformation. While most research centres focus on single conditions or diseases in isolation, we are the only research enterprise in Canada – and one of only a few in the world – that is 100% focused on pioneering new approaches to managing complexity. A leader in this emerging field, we look at the big-picture reality of what it’s like to live with many health conditions at the same time. Our research helps people with complex health conditions live better.

Meet our inaugural Research Chair: Dr. Renée Lyons

“Complex chronic disease has the potential to overwhelm our healthcare system. We need the right research to turn the story around – and we need visionaries who are committed to investing in the promise of that research.”

– Dr. Renée Lyons, Bridgepoint Chair in Complex Chronic Disease Research and TD Scientific Director, Bridgepoint Collaboratory for Research and Innovation

Dr. Renée Lyons, our inaugural Bridgepoint Chair in Complex Chronic Disease, and the TD Scientific Director of the Bridgepoint Collaboratory for Research and Innovation, was the world’s first Research Chair in complex chronic disease. During her tenure as our Research Chair, Dr. Lyons has developed a leading-edge research program in this emerging field, and supports multi-institutional collaborations on research development and use.

Throughout her career, Renée’s research has focused on chronic disease prevention, health systems improvement and knowledge translation. She also spent over 20 years studying social relationships and health problems.

As a leading scientist, Renée has received international recognition for research and knowledge translation projects related to rural health, mental health, stroke and health systems reform, public health, oral health of seniors, and chronic disease prevention in midlife and youth, settings and health, and human relationships and chronic illness.

Career accomplishments
• Attracted over $25 million in grants and awards
• Acted as special advisor to the President of the Canadian Institutes of Health Research (CIHR)
• Organized several major international research conferences
• Highly cited in papers and books on chronic disease
• Led the development of groundbreaking research in complex health conditions

Current appointments
• Professor, Dalla Lana School of Public Health, University of Toronto
• Professor, Institute of Health Policy, Management and Evaluation, University of Toronto
• Adjunct Faculty Member, Dalhousie University

Past Appointments
• Tier One Canada Research Chair in Health Promotion, Dalhousie University
• Senior Scientist, Atlantic Health Promotion Research Centre, Dalhousie University