**Physiotherapy Department**

Physiotherapists at Bridgepoint are unit-based with between one and five members of the team on each unit. There are 25 full time staff in the Department and over 30 physiotherapists in total. Physiotherapists at Bridgepoint work to the full scope of their practice. PT staff are also responsible for the practice of around 20 OTA/PTA colleagues across the hospital. Therapy is provided seven days a week, although students are not scheduled to work weekends. Where appropriate staff have additional training in areas such as acupuncture and oxygen therapy.

Therapy is patient centred, with therapists preparing individual care plans with patient goals in mind. PTs work with patients by supporting their transition back home or to community care facilities by maximizing their mobility. PTs at Bridgepoint work collaboratively and interprofessionally with all other professions on the units: communication and cooperation within the care team are paramount. PTs participate in rounds and family meetings. Roles outside the therapy gym include provision of education to family members, exercise programmes for patients as they are discharged and supporting patient access to community resources to continue physical therapy.

*The health care we want to provide for the people we serve must be safe, high quality, accessible, person- centered. It must be a team effort. No single health profession can achieve this goal alone.*

*Carol A. Aschenbrener*