**Occupational Therapy Service**

Occupational Therapists at Bridgepoint are unit/program-based with between one and five members of the team in each program. There are 23 full time staff in the service and over 30 occupational therapists in total. Occupational Therapists at Bridgepoint work to the full scope of their practice. OT staff are also responsible for the practice of around 20 OTA/PTA colleagues across the hospital. Therapy is provided seven days a week in certain programs, although students are not scheduled to work weekends.

Therapy is patient centred, with therapists preparing individual care plans with patients and their caregivers. OTs work with patients to maximize their functional abilities and support their transition back home or to community care facilities. Once patients are back in the community Bridgepoint OTs continue this support through Ambulatory Care programs. OTs at Bridgepoint work collaboratively and interprofessionally with all other professions on the units/programs: communication and cooperation within the care team are paramount. OTs participate in rounds and family meetings and refer to community-based resources to support discharge, continued recovery and transition back to the community. OT staff are also assigned to in/outpatient seating clinics and the Vocational Rehab service at Bridgepoint Hospital.

*How we spend our days is, of course, how we spend our lives.*

*Annie Dillard*