**Hospitalist Rotation –** All Units

**Hospitalist role**

All patients at Bridgepoint are admitted under a hospitalist, or ‘Most Responsible Physician’ (MRP), who manages their general medical care. Learners on the hospitalist service have the opportunity to engage in the following hospitalist competencies:

1. **Management of medical stability**: Most patients at Bridgepoint are medically stable. Hospitalists manage acute issues, and planned transfer to the ED where appropriate for unstable patients.
2. **Symptom management:** Many patients have symptoms associated with their recent acute illnesses, such as pain, constipation, nausea, etc. Hospitalists manage these medically. Hospitalists review opioid use and plan scheduled tapers.
3. **Chronic disease optimization**: Patients have a relatively long length of stay, and this is an opportunity to optimize existing health issues. Particular foci are secondary prevention for the admission diagnosis (e.g. stroke prevention in stroke patients, osteoporosis for fracture patients) and polypharmacy.
4. **Team meetings**: Hospitalists participate in regular team rounds and family meetings.
5. **Discharge planning**: Patients are appropriate for admission to Bridgepoint if they have nursing or medical needs that cannot be met outside of the hospital setting. They should be discharged when they no longer meet these criteria. Hospitalists are responsible for discharge planning in collaboration with other health disciplines.
6. **Advance care planning**: All patients at Bridgepoint are asked their goals of care by hospitalists. At Bridgepoint, goals of care are summarized in two ways: CPR vs DNR; transfer to ED in event of instability or do not transfer. (Any patient who has requested CPR is also noted for transfer.) Many patients at Bridgepoint have complex multimorbidities, representing an opportunity to discuss advance care planning more generally.

Hospitalists work closely with many other professions to achieve optimal care for patients, including Nursing, Occupational Therapy, Physiotherapy, Social Work, Speech Language Pathology (including swallowing and hearing issues), Dietetics, Recreational Therapy, Respiratory Therapy, Chiropody, Wound care and Spiritual Care. Hospitalists also have access to in-house and external testing/investigations and can call on Bridgepoint consultants as required.

The Hospitalist Lead for Bridgepoint is Dr. Jordan Pelc, MRP in Units 2S, 6N and 7N.

*The health care we want to provide for the people we serve must be safe, high quality, accessible, person- centered. It must be a team effort. No single health profession can achieve this goal alone.*

*Carol A. Aschenbrener*