**Clinical Nutrition-Dietetics**

Registered Dietitians (RDs) at Bridgepoint work with in-patient to advance their health and recovery through food and nutrition. The dietitians work closely with the Food Services Department and as part of the interprofessional team on each unit. Bridgepoint Dietitians provide evidence-based advice and support to patients and their families to help them make appropriate dietary choices to promote healthy living during and after their stay at Bridgepoint.

Areas of practice include:

* Initiation and modification of therapeutic diets for a range of conditions, such as renal, cardiac, diabetes, liver disease and other complex health needs
* Nutritional needs of patients on enteral feeding
* End-of-life nutrition in the palliative care unit
* Assessing nutritional adequacy of patients with dysphagia/swallowing difficulties
* Optimizing nutrition in patients and preventing hospital-acquired malnutrition
* Education and management strategies for chronic illness, e.g., diabetes
* Nutritional management for prevention and healing of pressure ulcers

Dietitians work in interprofessional teams across the hospital to the full scope of their practice.

*Let food be thy medicine and medicine be thy food.” ―* [*Hippocrates*](http://www.goodreads.com/author/show/248774.Hippocrates)