MEDICAL ELECTIVES AT BRIDGEPOINT

Physicians at Bridgepoint, Sinai Health System, welcome undergraduate and postgraduate trainees and Fellows to the hospital for inpatient and outpatient rotations. Bridgepoint is a rehabilitation and complex care facility with 464 beds. The patient population is extremely variable, including: high-intensity, short-stay orthopedic patients; slow-stream, medically-complex medical reconditioning patients; longer stay complex continuing care and transitional patients; and others. Bridgepoint operates through highly interprofessional teams and all trainees will have the opportunity to observe patients working with other members of the care team as appropriate.

Below is a list of currently offered electives. Trainees are invited to contact the Academic Coordinator, Katherine Brown, to check if electives are available for the dates they require. Katherine can also provide more information about individual electives.

All electives for all trainees are available for variable durations and are available to all Canadian trainees. International trainees are also welcome to apply through the University of Toronto.

See next pages for brief descriptions

STRUCTURED PLACEMENT OPPORTUNITIES

All trainees should note that, if their elective is four weeks or longer they may have an opportunity to participate in a structured IPE placement. Both undergraduates and postgraduates are very welcome to join a Structured Placement.

This University of Toronto, Centre for IPE accredited activity consists of three of four weekly small group facilitated tutorials with other Bridgepoint students from different professions. Tutorial content will be on a patient population or topics such as pain or patient centred care. Students will be responsible for a small group presentation during the final tutorial. Students should allow 9 hours for the tutorials and a small amount of additional time outside the tutorials for preparing the group presentation. Completing all of the components of this will enable University of Toronto students to receive IPE credit from the University of Toronto Centre for IPE. Participants who have already completed all of their required IPE Credits will receive IPE distinction on their transcript.

If you are interested in participating in an IPE structured placement, please contact Katherine to determine if it is available, *prior* to signing up for your elective.

MORE INFORMATION

Please contact Katherine Brown at [katherine.brown@sinaihealthsystem.ca](mailto:katherine.brown@sinaihealthsystem.ca) or by phone: 416-461-8252 x2924

Elective/ Rotation Descriptions

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| Title | Sponsoring Physicians and their Departments | Location | Summary/Objectives |
| **Inpatient Geriatric Psychiatry in the Rehabilitation Context** | Mark Lachmann, Seema Khan and Glendon Tait  Department of Psychiatry | Inpatient | 1.To develop knowledge and skills in the management of the psychiatrically ill elderly at all levels of care. (Medical Expert Role)  2.To work within an interprofessional team in providing Unit based care for patients (Collaborator Role) |
| **Developing an Understanding of End-of-Life Care** | Ignazio La Delfa  Dept. of Medicine | Inpatient | Students will join the interprofessional health care team as an active team member during this rotation  Students will have an opportunity to develop the CanMEDS roles of Medical Expert, Communicator, Collaborator and Advocate |
| **Rehabilitation and Complexity Hospitalist Elective** | Jordan Pelc  DFCM | Inpatient | The goals of the rotation can be customized to the individual learner. These may include:  - Medical management of rehabilitation patients  - Medical management of complex medical and geriatric patients  - Management of polypharmacy  - Inter-professional management of complex patients  - Approach to ethical and psychosocial issues in complexity  - Understanding the roles of rehabilitation, complex continuing care, and transitional care in the health system |
| **Managing chronic disease interprofessionally and across the continuum: a hospitalist and rehabilitation perspective** | Various physicians  Various Departments | Inpatient | Students will be based generally on one or two Units at Bridgepoint, working within an interprofessional team. Patient populations in the inpatient setting may include: orthopedic and musculoskeletal (MSK) rehabilitation (eg total joint replacement, fractures, multitrauma), neurorehabilitation (CVA, SCI, TBI, MS, neuromuscular), medical rehabilitation (general deconditioning, prolonged ICU stay), dialysis or transitional patients |
| **Orthopedic rehabilitation- exposure to physical medicine and rehabilitation** | Christian Fortin  Dept. of Medicine | Inpatient | The main goals of the rotation are:  1. To describe the role of rehabilitation in the larger healthcare system  2. To examine the overlapping roles of multiple healthcare providers on a rehabilitation team  3. To demonstrate a full orthopedic history and physical exam particularly in a rehabilitation population context |
| **Pain management in outpatient non-cancer related pain clinics and Physiatry** | Edward Robinson and Christian Fortin  Depts. Family and Community Medicine (ER) and Medicine (ICF) | Inpatient and Outpatient | 1.To develop expertise in diagnosis and management of pain disorders in in- and out-patient populations, including medical, physical and psycho-social treatment/investigative modalities (Medical Expert Role)  2.To work within an interprofessional team in providing clinic based or Unit based care for patients (Collaborator Role |
| Title | Sponsoring Physicians | Location | Summary/Objectives |
| **Physiatry Consultation Service** | Christian Fortin  Dept. of Medicine | Inpatient | 1. To develop an appreciation of medical complexity;  2. To master the neurological and musculoskeletal examinations;  3. To become experienced in interventions such as joint injections;  4. To develop a knowledge of bracing options, particularly ones that facilitate ambulation in patients with peripheral and central neurological conditions;  5. To work collaboratively with members of the interdisciplinary team in designing individualized rehabilitation plans. |
| **Stroke neurorehabilitation- exposure to physical medicine and rehabilitation** | Heather MacNeill  Dept. of Medicine | Inpatient | The main goals of the rotation are:  1. To describe the role of rehabilitation in the larger healthcare system  2. To examine the overlapping roles of multiple healthcare providers on a rehabilitation team  3. To demonstrate a full neurological history and physical exam particularly in a stroke population context. |
| **Medical Rehabilitation** | Karen Chien  DFCM | Inpatient | A collegial interdisciplinary team-based person-focused learning opportunity that has specific focus in geriatrics, internal medicine, post-operative care (i.e Cardiovascular surgery, transplant surgery, orthopedic surgery). |
| **Inpatient Consultation-Liaison Psychiatry and Geriatric Psychiatry** | Glendon Tait, Seema Khan, Mark Lachmann  Department of Psychiatry | Inpatient | 1. Understand the psychosocial, neuropsychiatric, and behavioural aspects of complex medical illness and apply this to the care of patients. (Medical Expert)  2. Develop consultation skills in psychosocial and psychiatric care of elderly, complex medically ill patients, including documentation and verbal communication about findings and recommendations. (Communicator and Medical Expert)  3. Demonstrate collaboration with medical colleagues, the inter-professional team, and families as part of psychosocial and psychiatric care. (Communicator and collaborator) |
| **Endocrinology** | Dina Reiss  Dept. of Medicine | Inpatient | Offering a comprehensive, mainly inpatient rotation, in which students will manage patients glycemic control, hypertension and learn how to manage abnormal metabolic and thyroid indices. There is a unique focus on complex subacute and chronic disease management. |