

## Packing for your stay

The following chart outlines the types of things you should bring with you to the hospital – and the things you should not. Please review it carefully while packing and making your admission plans.

What to Bring	What NOT to Bring	Things to Think About
<p><b>Clothing</b> Bring clothes that are comfortable and easy to put on, such as:</p> <ul style="list-style-type: none"> <li>• Loose-fitting outfits, such as track pants, shirts, slacks, dresses, sweaters</li> <li>• Swimwear may be required for some therapies</li> <li>• Pyjamas, a robe and slippers</li> <li>• Undergarments and socks</li> <li>• Shoes with non-slip soles</li> <li>• A hat, coat, gloves and scarf.</li> </ul> <p><i>Label or mark all of your belongings with your name.</i></p> <p><b>Toiletries</b> You should bring any personal toiletries that you will need during your stay. These may include:</p> <ul style="list-style-type: none"> <li>• Soap, shampoo, conditioner</li> <li>• Deodorant, talcum powder</li> <li>• Toothbrush and toothpaste</li> <li>• Moisturizing lotion</li> <li>• Razor or electric shaver</li> </ul> <p><b>Personal Items</b> Some patients like to bring comforters, framed photos and knick-knacks suitable for a tabletop. You may also bring electronic items such as clocks, blow dryers and a radio/CD/ cassette player, if these are equipped with headphones.</p>	<p><b>Valuables</b> Please do not bring any valuables, jewellery or large sums of money. The Business Office, located on the ground floor, can assist you or a family member in setting up a trust account for the safekeeping of your money while you are at Bridgepoint Hospital.</p> <p><b>Medications</b> Do not bring prescription or over-the-counter remedies such as aspirin, nasal sprays or laxatives. All necessary medication will be ordered by your doctor and administered by nursing staff.</p> <p><b>Alcohol and Recreational Drugs</b> Alcohol and recreational drug are not permitted in the hospital.</p>	<p>The hospital is a public place, with many visitors every day. As such, we cannot be responsible for missing items. Please do not bring items of monetary or sentimental value to the hospital.</p> <p>Everything that you bring with you must be removed by you or your family when you leave the hospital, so please do not bring too much with you. Patient rooms are also limited in terms of space.</p> <p>All electronic equipment must be checked for safety our Engineering Department and a waiver signed before it can be used in the hospital. Upon your arrival, please bring these items to the Nursing Station on your floor and they will arrange to have your item inspected.</p> <p>Our gift shop sells a variety of personal products, should you forget something.</p> <p>Please note that patient rooms are not spacious enough to accommodate large items, such as personal furniture.</p>