

CHANGING THE LANDSCAPE

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Christine Sinclair Ambulatory Care Centre will promote wellness and independence

More and more people are living with multiple, chronic conditions like advanced diabetes, stroke and cancer. Customized rehabilitation therapies can help them live as independently as possible and reduce the time they need to spend in hospital.

Recognizing this, the new Bridgepoint Hospital will feature expanded ambulatory care facilities for people with complex health issues. Located on the ground floor of the new hospital, the Christine Sinclair Ambulatory Care Centre will offer “one-stop shopping” for clinical services to help people maintain and improve their quality of life.

The Christine Sinclair Ambulatory Care Centre is named in memory of a former Director of Bridgepoint Health. Christine lived life to the fullest, showing extraordinary courage and spirit during her battle with ALS, a fatal neurodegenerative disease.

“Christine Sinclair was a valuable member of Bridgepoint’s Board who experienced, first hand, the value of ambulatory care,” said Bridgepoint President and CEO Marian Walsh.

“Despite living with the debilitating effects of ALS, she wanted to continue to be part of the community and to live at home. Ambulatory care made this possible. She understood its importance to people, like her, who were able to live their lives independently and with dignity even in the face of a complex terminal illness. She has inspired us to see the benefit first hand and to commit to growing our Ambulatory Care space considerably in our new hospital.”

Some highlights of the Christine Sinclair Ambulatory Care Centre:

Augmentative Communication and Writing Clinic

Many people find speech or writing difficult or impossible due to stroke, multiple sclerosis or other serious illness. Clinic staff will help these patients regain their ability to communicate by using voice-activated computers, writing aids, and other customized equipment.

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本簡報的中文翻譯可在Bridgepoint的網站獲得，網址是Bridgepointhealth.ca網站正在重建中。



Christine Sinclair Ambulatory Care Centre

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Therapeutic Pool

Exercising in warm water helps patients build their strength and increase their range of motion. An entry ramp and a hydraulic lift will make the pool accessible for patients who use wheelchairs.

Vocational Rehabilitation Clinic

Returning to work following an illness or injury can be challenging. This clinic will provide assessments and therapies to help patients prepare themselves for the transition back to the workplace.

Activities of Daily Living Clinic

People who are living with the effects of an aneurysm or other serious illness may need to relearn ordinary tasks, such as preparing food, getting dressed, or brushing their teeth. This clinic will have a realistic kitchen, bedroom, bathroom and laundry room where patients can develop their motor skills, cognitive abilities and self-confidence.

Seating Clinic

Custom-fitted seating is very important for people who use wheelchairs and other mobility aids, to ensure their comfort and safety. Bridgepoint's Seating Clinic is one of the very few in the GTA.

The Christine Sinclair Ambulatory Care Centre is supported by our Life. Changes. campaign. To get involved, please contact:

Cynthia Webb, Vice-President,
Bridgepoint Health Foundation
416-461-8252 ext. 2030
cwebb@bridgepointhealth.ca
lifechanges.ca

"Green" features of the new Bridgepoint Hospital as abundant as spring flowers!



Rendering of the new Bridgepoint Hospital site.

Green is a colour many of us acquaint with spring – and it also means a lot in the new Bridgepoint Hospital. The new facility has been designed with a multitude of environmentally-friendly and sustainable "green" features that will benefit patients, families, staff, and the community.

The new facility will be certified under the Leadership in Energy and Environmental Design (LEED®) Green Building Rating System, meaning it meets certain minimum environmental prerequisites.

During construction, steps are being taken to prevent topsoil loss due to storm water run-off and wind erosion, as well as to reduce the impact of dust and other on-site pollutants. In addition, at least 75% of construction waste will be diverted from the landfill by recycling or reusing construction materials.

Once constructed, the environmentally-friendly features of the new building will include:

- Approximately 30% less energy consumption, when compared to standard hospital designs;
- A projected 30% reduction of potable water, through the use of water-efficient plumbing fixtures;
- Collecting storm-water run-off from the roof to use in the irrigation of landscaping;
- Building and site lighting that has been designed to minimize light pollution;
- Building systems and operations that are free of CFC-based and HCFC-based products; and,

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Green features of the new Bridgepoint Hospital

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- Detailed planning to accommodate and encourage the use of regional and recycled materials.

The use of alternative transportation options for staff and visitors will also be encouraged. The hospital will be easily accessible by public transportation, cyclists will be provided with bicycle storage, and there will be preferred parking allocated for carpools. In addition, staff will have expanded change rooms and showers.

To promote the health of patients, staff and visitors, materials used in interior spaces (such as paint, carpets, adhesives, sealants, and wood products) will be reviewed to ensure they contain reduced or no volatile organic compounds (VOCs). VOCs can have a negative effect on indoor air quality and potentially harm occupants.

Even windows will be strategically located throughout the facility to offer staff, patients and visitors natural light. Studies have shown that access to daylight and views in hospital spaces can result in improved health outcomes and increased staff efficiency and job satisfaction.

To learn more about the "green" features of the new Bridgepoint Hospital, visit bridgepointhealth.ca/greenfeatures.

Join us at the next Riverdale-Bridgepoint Redevelopment Liaison Committee Meeting!

The Riverdale-Bridgepoint Redevelopment Liaison Committee provides a forum for community organizations and neighbours in the immediate vicinity of Bridgepoint to be updated on and to discuss the progress of the construction of the new Bridgepoint Hospital.

The Committee's next meeting will be held on Thursday, April 28, 2011 from 6:30 p.m. to 9 p.m. at St. John's Presbyterian Church, 415 Broadview Avenue, just north of Gerrard Street East

Bridgepoint Health Annual General Meeting

Mark your calendar!

Bridgepoint Health Annual General Meeting

Thursday, June 23, 2011, 4 p.m.

Bridgepoint Health Auditorium, first floor.



Bridgepoint is on Twitter!

Keep up with all the latest happenings at Bridgepoint by following us @BridgepointHlth on twitter.com – the official Twitter account of Bridgepoint Health.

You'll receive updates on our redevelopment project, events, foundation news, and health care headlines.

So follow us and tell us what you want to hear more about on our Twitter feed.

Contact Us

For more information about Bridgepoint Health's exciting redevelopment plans, visit our website at bridgepointhealth.ca. *Changing the Landscape* is produced by Bridgepoint's Corporate Communications and Community Relations Department.

If you have questions or concerns about the redevelopment of the Bridgepoint site, please call the construction hotline between 9 a.m. and 6 p.m. at 416-305-1663, or email us at construction@bridgepointhealth.ca.

Scenes from the Site

These photos offer a behind-the-fence look at the progress of the new Bridgepoint Hospital. For a real-time view, visit our webcams at bridgepointhealth.ca/webcams.

1 Concrete pours have begun for the second to tenth floors, marking the construction of the patient care units.

2 An aerial photo of the entire Bridgepoint site looking northeast as of March 25, 2011.

3 One of the few areas in the Administration Building (historic Don Jail) where new bricks will be used is in construction of the elevator shaft, seen here. Most areas will be renovated using bricks salvaged from the original building.

4 Scaffolding has been erected around the Administration Building (historic Don Jail) to facilitate exterior restoration work that began this spring.



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Change Lives!*

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lifechanges.ca

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416.461.8252 ext. 2057

DONATE BY MAIL
Mail this form to:
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14 St. Matthews Road
Toronto, ON M4M 2B5



Your donations will help us build our new Bridgepoint Hospital, allowing every patient to benefit from the best care possible.

It's easy to make a difference – make your tax-deductible donation today!

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