

# April 2024 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 <b>National Caregiver Day</b>  ■ <b>Ask an Ethicist:</b> Power of Attorney- How am I supposed to make decisions? 3 to 3:30 p.m.	3  ■ <b>Tech Time:</b> Learn to use your device 2 to 3 p.m.	4	5  ■ <b>Caregiver Chat</b> 10 to 11 a.m.  ■ <b>WoodGreen:</b> Breathing Space (In-Person) 12 to 1:30 p.m.	6  ■ <b>Creating a Life You Love</b> 3 to 4 p.m.
7  ■ <b>Caregiver Chat</b> 10 to 11 a.m.	8  ■ <b>Taking Care of Yourself While You Care for Others</b> 3 to 4 p.m.	9	10  ■ <b>Tech Time:</b> Learn to use your device 2 to 3 p.m.	11	12  ■ <b>Caregiver Chat</b> 10 to 11 a.m.	13  ■ <b>Grief and Bereavement</b> 3 to 4 p.m.
14  ■ <b>Caregiver Chat</b> 10 to 11 a.m.	15  ■ <b>Responsive Behaviours Person Centered and Practical Approaches to Care</b> 3 to 4 p.m.	16	17  ■ <b>Tech Time:</b> Learn to use your device 2 to 3 p.m.  ■ <b>Mount Sinai Hospital: Digital Health Resources</b> 2 to 3 p.m.	18	19  ■ <b>Caregiver Chat</b> 10 to 11 a.m.	20  ■ <b>Ontario Caregiver Organization Virtual Open House</b> 3 to 4 p.m.
21  ■ <b>Caregiver Chat</b> 10 to 11 a.m.	22  ■ <b>Caregivers and Puppets: The Perfect Pair</b> 3 to 4 p.m.	23	24  ■ <b>Tech Time:</b> Learn to use your device 2 to 3 p.m.  ■ <b>Infection Prevention and Control:</b> Keeping safe 1 to 1:30 p.m.	25  ■ <b>Ask an Ethicist:</b> Power of Attorney- How am I supposed to make decisions? 11 to 11:45 a.m.	26  ■ <b>Caregiver Chat</b> 10 to 11 a.m.	27  ■ <b>Providing Care to 2SLGBTQ Persons</b> 3 to 4 p.m.
28  ■ <b>Caregiver Chat</b> 10 to 11 a.m.	29  ■ <b>Self-Care for Caregivers of Adults with Developmental Disabilities</b> 3 to 4 p.m.	30	<b>Legend</b>  ■ Webinar ■ Community partner ■ Education ■ Caregiver support ■ Skill building			