UNIT DESCRIPTIONS

2 North
Musculoskeletal Rehabilitative Care

Musculoskeletal Rehabilitation
The Musculoskeletal Service provides rehabilitation following multiple trauma, or orthopaedic surgery (primarily lower extremity). A full range of rehabilitation services is provided to these patients by the interprofessional team. Patients who require extended intravenous therapy by peripheral or central lines are also accepted.

Patients typically spend between 4 – 8 weeks in the Unit.

Nursing care is provided by RNs and RPNs who work to the full scope of their practice.

2 North & South
Musculoskeletal Rehab
(69 Beds)

The Musculoskeletal Service provides rehabilitation following multiple trauma, or orthopaedic surgery (primarily lower extremity). A full range of rehabilitation services is provided to these patients by the interprofessional team. Patients who require extended intravenous therapy by peripheral or central lines are also accepted.

Patients typically spend between 4 – 8 weeks in the Unit.

2 North and South have interprofessional teams that include RNs and RPNs who work to the full scope of their practice.

3 North
Neurological Rehab
Stroke & Neuro Rehab
(24 Beds)

Moderate and higher intensity rehabilitation is provided to people who have experienced a recent stroke. Patients in these units can tolerate 3-5 times per week of therapy. Stroke Best Practices have been implemented resulting in enhanced daily therapy for patients. The program has target length of stays between 3 and 9 weeks based on Rehab Patient Grouper.

The program has target length of stays between 3 and 9 weeks based on Rehab Patient Grouper.

3 North has an interprofessional team which includes RNs and RPNs who work to the full scope of their practice. Therapy services are provided by physiotherapists, occupational therapists, and speech-language pathologists. Social worker and dietician are available as needed.
Moderate and higher intensity rehabilitation is provided to people who have experienced a recent stroke or other acquired brain injury (e.g. MVA, Neuro oncology). Patients in these units can tolerate 3-5 times per week of therapy. Stroke Best Practices have been implemented resulting in enhanced daily therapy for patients. The program has target length of stays between 3 and 9 weeks based on Rehab Patient Grouper.

The program has target length of stays between 3 and 9 weeks based on Rehab Patient Grouper.

Care is provided by an interprofessional team that includes RNs and RPNs who work to the full scope of their practice. Therapy services are provided by physiotherapists, occupational therapists, and speech-language pathologists. Social worker and dietician are available as needed.

The Palliative Care Program provides care to those in the end stages of terminal illness that require the support of an interprofessional team to manage their pain and/or other symptoms. The focus is on caring, not curing, and on life, not death. Care is extended not only to the patients, but also to their families and friends. The level of care required cannot be met by long-term care facilities or community support.

4 North has an interprofessional team that includes RNs and RPNs who work to the full scope of their practice.

Patients in this program have had an event to the brain (stroke or brain injury). Some have been diagnosed with a neurodegenerative disease such as Multiple Sclerosis or Parkinson’s Disease. Patients frequently have complex, multiple and often unstable clinical conditions and require a range of inter-professional assessment, diagnostic and therapeutic services. Some patients may have communication challenges. Some may have swallowing disorders and are fed by feeding tube. Others may have tracheostomy tube. The 4 South Team offers an individualized, moderate and intensive neuro-rehabilitation program.

Patients in this Unit have a target stay time of 6 – 12 weeks.

4 South has an interprofessional team that includes RNs and RPNs who work to the full scope of their practice.
6 North - Specialized Medical & Complex Care
Medical & Renal (29 Beds)

Patients on this unit generally have a renal diagnosis but may also have a variety of complex medical situations including tracheostomy, enteral tube feeding and complex wound management.

Patients in this Unit have a target stay time of up to 20 weeks.

6 North has an interprofessional team that includes RNs and RPNs who work to the full scope of their practice

6 South - Specialized Medical & Complex Care
Dialysis & Renal (32 Beds)

The Dialysis and Renal Specialized Medical Services, in partnership with The Scarborough Hospital, serves patients who need hemodialysis and peritoneal dialysis as well as other patients with renal disease.

The dialysis patients typically have other medical conditions requiring treatment in a facility that prevents them from receiving dialysis in the community or their own home. Patients on this unit may have a variety of complex medical situations including tracheostomy, enteral tube feeding and complex wound management. Hemodialysis is done by The Scarborough Hospital registered nurses in a treatment room designed to accommodate the dialysis machines. Pre and post care is the responsibility of the Bridgepoint staff.

Patients in this Unit have a target stay time of up to 20 weeks.

6 South has an interprofessional team that includes RNs and RPNs who work to the full scope of their practice

7 North – Medical Rehab
Transitional Care: 32 Beds

The majority of patients on 7 North are those who have completed their Rehabilitative Therapy and are awaiting discharge to Long Term Care Facilities, Supportive Housing, Group Homes or their own private home. The remaining patients are individuals whose needs cannot yet be met in Long Term Care facilities. Patients may require more specialized care and equipment due to feeding and swallowing issues, continence concerns and complex wound care. Other individuals may be present with different degrees of behavioural challenges due to cognitive changes as a consequence of a CVA, Acquired Brain Injury, Dementia or Substance Abuse. All patients and their families require time and support to adjust to the transition to a new and different future than they originally had planned for themselves, such as placement in a Long Term Care Facility. The focus of care is on maintaining current function and assisting this transition

The target stay time for patients in this Unit is 5 – 7 weeks

7 North has an interprofessional team that includes RNs and RPNs who work to the full scope of their practice
7 South - Medical Rehab
Transitional Care: 30 beds

The majority of patients on 7 South are those who have completed their Rehabilitative Therapy and are awaiting discharge to Long Term Care Facilities, Supportive Housing, Group Homes or their own private home. The remaining patients are individuals whose needs cannot yet be met in Long Term Care facilities. Patients may require more specialized care and equipment due to feeding and swallowing issues, continence concerns and complex wound care. Other individuals may be present with different degrees of behavioural challenges due to cognitive changes as a consequence of a CVA, Acquired Brain Injury, Dementia or Substance Abuse. All patients and their families require time and support to adjust to the transition to a new and different future than they originally had planned for themselves, such as placement in a Long Term Care Facility. The focus of care is on maintaining current function and assisting this transition.

The target stay time for patients in this Unit is 5 – 7 weeks.

7 South has an interprofessional team that includes RNs and RPNs who work to the full scope of their practice.

8 North – Medical Rehab
31 beds

Patients on 8North are typically medically complex (approximately > 5 diagnosis), who no longer need to be in an acute care setting, yet require interprofessional assessment and intervention. Often their prognosis is uncertain and it is the goal of the team to determine the most likely outcomes. Patients require a period therapeutic assessment to determine appropriate care needs post hospitalization. Both high intensity and reconditioning rehabilitation services are provided. The goal is to ensure smooth transitioning of the patient to the most appropriate program or discharge destination.

Patients in this Unit have a target stay time of 5 – 7 weeks.

8 North has an interprofessional team including RNs and RPNs who work to the full scope of their practice.

8 South – Medical Rehab: 31 beds
Medical & Orthopedic Rehab

Medical rehabilitation
Rehabilitation services (both high intensity and reconditioning) are provided to individuals with varying diagnoses who no longer need to be in an acute care setting, yet require interprofessional assessment and intervention. These individuals may have had a major medical illness, injury or surgery, including chronic obstructive pulmonary disease, oncological or non-neurological illnesses.

Orthopaedic Rehabilitation
Orthopaedic patients receive a moderately paced reconditioning orthopaedic rehabilitation program prior to or as an alternative to active rehabilitation. Patients receive on average 3 treatments a week geared to their level of tolerance.

8 South has an interprofessional team including RNs and RPNs who work to the full scope of their practice.

Patients in this Unit have a target stay time of 5 – 7 weeks.
9 North: Specialized Medical & Complex Care  
(Neurological Care) 
24 beds

Patients in this program may have had an event to the brain (stroke or other acquired brain injury). In addition they may have complex, multiple and often unstable clinical conditions that require a range of inter-professional assessment and therapeutic services. Some patients may have communication challenges; others have swallowing disorders and are fed by feeding tube or have a tracheotomy tube. Supportive programming is designed with a focus on quality of life, coping and adaptation to illness and disability.

Patients in this Unit have a target stay time of 6 – 12 weeks

9 North has an interprofessional team including RNs and RPNs who work to the full scope of their practice.

9 South - Specialized Medical & Complex Care  
(Neuromuscular Support, 28 beds)

Patients in this program have a neuromuscular diagnosis such as Multiple Sclerosis, Amyotrophic Lateral Sclerosis and Parkinson’s disease. Patients on this unit have complex, multiple and often unstable clinical conditions that require a range of inter-professional assessment and therapeutic services. Some patients may have communication challenges; others have swallowing disorders and are fed by feeding tube or have a tracheostomy tube. Supportive programming is designed with a focus on quality of life, coping and adaptation to illness and disability.

Patients in this Unit have a target stay time of 6 – 12 weeks

9 South has an interprofessional team including RNs and RPNs who work to the full scope of their practice.