

Live Better

Thank you for helping us transform healthcare.

Winter 2014

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Your support is vital to advance research and education that transforms care

Eleven days after receiving acute treatment for a subdural hematoma – a blood clot in the brain – Jan Monaghan came to Bridgepoint in August 2014 to begin rehabilitation that would eventually help her to walk and talk again.

Jan describes her care experience at Bridgepoint as one that has been positive for her and her husband, Ben. “Jan is from a medical family, and we understand that medical staff are very busy people,” says Ben. “I was happy that the doctors here took a lot of time with Jan. The whole team has been great.”

Jan wanted to donate to support the research and teaching at Bridgepoint after noticing the outstanding care and expertise of staff, which created a positive care experience for her. “My background is in nursing,” says Jan. “So I immediately noticed the knowledge and attentiveness of the staff at Bridgepoint.”

Jan was referred to three hospitals for rehabilitation, and Bridgepoint came highly recommended to her. The Monaghans, who have lived in Toronto for 55 years, feel that the expertise of the staff during Jan’s outpatient rehabilitation

is what makes Bridgepoint’s approach to care remarkable.

“The systems and procedures here are excellent,” says Ben. “Our experience at Bridgepoint has been so different than our experience during Jan’s acute care stay. Bridgepoint is really doing something right in how they provide care.”

Jan, smiling brightly beside her husband Ben before her appointment at Bridgepoint says, “I’m doing very well today.”



Donors like you invest in the care and research that our patients and families need to get back to their lives. At Bridgepoint, care informs our research and research informs our care, helping us make a remarkable difference in people’s lives. Bridgepoint is our living laboratory, where we train the next generation of professional care givers – students from all disciplines. Your support makes this possible. You play a crucial role in developing best practices that transform care and make lives better.

Your generosity is making a remarkable difference in people's lives

Donors like you help us transform care and improve patient outcomes for people with complex health conditions. Thank you for making lives better.

Your support helps us create a positive care experience for our patients

'Bionic Woman' Gale Deacon

After four arthritis-related surgeries, Gale Deacon's family jokingly calls her a bionic woman. Diagnosed with arthritis 20 years ago, 69-year-old Gale has had both knees replaced. Her latest surgery, in early September, fused the bones in Gale's left foot back together in three places. Two days later, she began rehabilitation at Bridgepoint Active Healthcare.

"I'm a very independent lady, but the pain from arthritis can be excruciating," says Gale. "I gave up driving because I knew I no longer had the reflexes in my knees; it was one of the toughest decisions I've ever made."

At Bridgepoint, Gale has been working with our Physiotherapy team to regain her



Gale Deacon works with her physiotherapist, Martha McKay, to help manage her arthritis

mobility and strength. She works hard to maintain a positive attitude and a sense of humour, and is grateful for constant encouragement from Bridgepoint staff. "I cannot say enough good things about the staff – all of them: therapists, nurses, cleaning staff, everyone," she says. "On my birthday, they brought up my breakfast tray and written on it in big pink letters was 'Happy Birthday!' It was the same at lunch. It was so unexpected and so thoughtful. It just made my day!"

As for what the future holds, Gale is taking

it one day at a time. When she's ready to transition from the hospital to her apartment, she'll work with Bridgepoint's Occupational Therapy team to ensure her home is equipped for her needs. Gale also knows this isn't the last procedure she'll face: she expects she'll need the same surgery on her right foot, plus she has two degenerating discs in her back, and frequent arthritis flare-ups in one of her shoulders. All of these conditions are caused by psoriatic arthritis, a form of arthritis in which the immune system attacks the joints.

When you donate to Bridgepoint, you invest in optimism and hope for the future of our patients

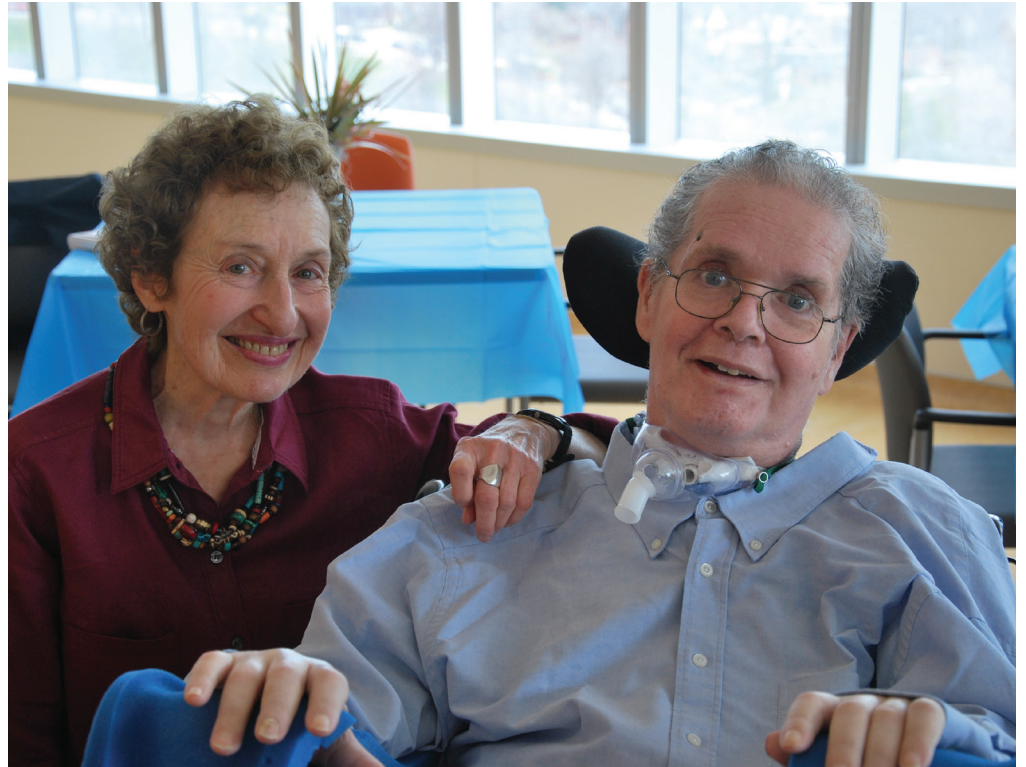
Michael Posluns can speak for other patients at Bridgepoint in the sense that every patient here has experienced something that changed their life. "Every patient at Bridgepoint has had something happen that will make their life different from now on," says Marilyn, Michael's life partner of 25 years.

Michael, a 73-year-old patient in neurological care at Bridgepoint, was diagnosed with a form of viral encephalitis that caused impairment to his central nervous system. Since his arrival at Bridgepoint one year ago, Michael has had an eventful health recovery journey. "My experience here has been excellent," says Michael.

Marilyn describes Michael's therapy as an experience that has been adventurous for both of them. "There is a willingness to try various programs to maximize Michael's potential," explains Marilyn. Michael is learning how to use a computer

to assist him in reading and writing again, and his medical and therapy care teams are working together towards his recovery goals. Among the medical staff, there is a great deal of caring and attention to detail, as well as an

effort to get to know Michael," says Marilyn. "Michael's care providers have a strong sense of sharing and teamwork in his progress." Bridgepoint hosted Michael's celebration for his Master of Laws, as well as Michael



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Make a donation of securities for tax benefits in 2014!

If you're looking for a way to make a meaningful difference at Bridgepoint and reduce your taxes, consider a gift of securities. When you donate publicly traded stocks or mutual funds that have

appreciated in value, the capital gains tax is eliminated. You also receive a charitable tax receipt for the market value of your shares. This means that making a donation of securities gives you more tax

savings than donating the same amount in cash. Making a gift of stock is easy and your gift will have a big impact.

For more information on making a gift of securities to Bridgepoint please contact us at foundation@bridgepointhealth.ca or 416-461-8252 ext. 2057.

and Marilyn's 25th anniversary. "Family members asked where they could donate after seeing how Bridgepoint supported our milestones, and I immediately said 'Bridgepoint,'" says Marilyn. Bridgepoint was grateful to accept the donations from family members of Michael and Marilyn on their behalf to support innovative programs that help Michael every day.

Michael and Marilyn feel that Bridgepoint's expertise in complex care is increasingly essential as the population ages.

"Bridgepoint is pioneering a vision for people with complex conditions, and it is wonderful to have an institution that focuses on these issues."

Donor support invests in care, research, education and equipment. Thanks to our generous donors, we can support patients like Michael along their health recovery journey with the exceptional care they need.



Celebrate. Honour. Show You Care.

A donation is a truly meaningful way to acknowledge the joy of the holidays or to celebrate a special occasion. Your gift in celebration of the special people in your life will help patients at Bridgepoint get back to an active life.

A letter will be sent by mail to the person you are honouring acknowledging your thoughtful gift or you can select to send an e-card by donating online. Each letter or e-card can be customized with your own special message. Please consider making a tribute gift to Bridgepoint Foundation this holiday season.

Your continued generosity will make even more possible. **Thank you.**

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☐ I want to make my gift in honour of someone special. Please contact me for details. ☐ Please contact me to discuss a gift in my will.

☐ I want my gift to be anonymous. ☐ I no longer wish to receive communications from Bridgepoint Foundation.

Bridgepoint Foundation

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